

# AWARENESS ACTIVITY

## THANKFUL TURKEYS

### CELEBRATING GRATITUDE & COMMUNITY, ONE FEATHER AT TIME

#### ◆ OBJECTIVE

To promote gratitude, connection, and positive reflection by giving students a simple, creative way to share what they're thankful for.

#### ◆ MATERIALS

- Printed feather templates (paper or cardstock)
- Large paper for turkey body (poster or butcher paper)
- Markers, crayons, colored pencils
- Tape, glue, or stapler
- Scissors
- Table and container/bin for supplies
- Instruction sign/poster

#### ◆ HOW TO ORGANIZE

- Choose a visible location (commons, hallway, cafeteria wall).
- Print and cut out feather templates.
- Create a large turkey body.
- Gather supplies (markers, crayons, tape, etc.).
- Make a clear instruction sign.
- Recruit student leaders to help facilitate.

#### ◆ WHAT TO DO ON THAT DAY

- Set up a table with feathers and supplies.
- Display the instruction sign.
- Encourage participation (announcements, peer invites, etc.).
- Have student leaders help collect and hang feathers throughout the day.



Thanks to Bree Pollard & Dalhart HS in Texas for the idea and photo!

#### ◆ IMPACT

- Encourages positive thinking which helps students shift focus toward what they're grateful for and can improve overall mood and mindset.
- Builds a sense of belonging by seeing everyone's feathers come together into one display. This reinforces that each student's voice matters and contributes to the community.
- Creates a visually uplifting environment with a colorful, student-created display that brightens shared spaces and serves as a daily reminder of positivity.
- Provides a low-pressure way to participate with a simple, quick, and creative activity. Students can engage without needing to share out loud or step outside their comfort zone.
- Promotes self-reflection by encouraging students to pause and think about what's meaningful in their lives.

