

# ADVOCACY



## STARTING A CLUB AT YOUR SCHOOL

Work2BeWell empowers teens to lead the way in mental health advocacy. Starting a club at your school is a powerful step toward fostering wellness, reducing stigma, and creating a supportive community. We are here to meet you where you're at. Every school is different and so is every club!



The club application form allows you to express your interest in establishing a club and provides Work2BeWell with the necessary information to support your initiative.

- You can:
  - Start from scratch.
  - Utilize an existing mental health club.
  - Form a committee within another group (Student Council, National Honor Society, etc.)

# 1

### SUBMIT AN APPLICATION

### UTILIZE W2BW RESOURCES



# 2

Once your club is established, access a wealth of free, clinically-vetted resources to guide your activities, such as:

- Curriculum modules
- Activities, scripts, and shareable files
- Access to the Work2BeWell "ClubHub"



- Join our W2BW Club Leader Network on GroupMe!
  - A space to ask questions, share ideas, and get to know other student leaders from across the nation.
- Attend quarterly Club Leader Meet-ups on Zoom.
  - Share, continue conversations, and stay engaged with the W2BW community!

# 3

### CONNECT

### PLAN AND PROMOTE

# 4

- Use the Roadmap to Wellness to plan your year out as a club - month by month.
- Create a leadership team.
- Start a social media account and tag @work2bewell.
- Advertise your meetings and events with flyers, announcements, and posts.



Look for other ideas and activities in our W2BW Resources library.

WORK2BEWELL



Work2BeWell.org



support@work2bewell.org



Talk2BeWell on Spotify



@Work2BeWell on Instagram, X, & Facebook



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