

# STUDENT SPOTLIGHT



## ADDISON AGUADA WASHINGTON



Back in middle school, **Addison** faced her own struggles with mental health and came to understand how important it is for young people to have a supportive community and a safe space to talk about it. When she entered high school, she noticed that such a community was lacking—and decided to change that.

In her junior year, she joined the Work2BeWell National Student Advisory Council (W2BW NSAC) and was introduced to a variety of resources, including their club starter guide. Motivated by what she learned, she went on to **create the first W2BW club in Washington** state and the first mental health-focused club at her high school.

With the support of her dedicated officer team and the school's social worker, who also serves as the club advisor, she helped lead meaningful change over just two years. The club introduced W2BW resources to staff and faculty, organized a **slime fundraiser** to support mental health initiatives (while helping students relieve test anxiety), and built a space where students consistently show up, engage, and feel heard. Her efforts have made the school a more open and compassionate environment when it comes to mental health—something she hopes to continue advocating for as she moves forward in her education and career.

As she prepares to graduate, her hope is that the community she helped create continues to thrive, ensuring every student feels supported, validated, and less alone.

### SLIME FUNDRAISER

Their 1st slime fundraiser raised roughly \$900, selling containers of slime that they bought off Amazon, along with add-ons.

They sold their slime during lunch for \$3/container with an additional \$1 for each add-on desired. In the future, they are hoping to create the slime themselves because they feel they can produce a better quality of slime than what they purchased online.

To help promote their slime fundraiser, they hosted an Instagram competition, where followers could vote for their favorite slime creation. They then awarded the winner with cookies.

**Scan the QR code to discover how easy and exciting it is to launch your own slime fundraiser—everything you need is just one page away!**



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