

JOIN US!

# NATIONAL STUDENT ADVISORY COUNCIL (NSAC)



## WHAT IS IT



The Work2BeWell National Student Advisory Council is a group of teens dedicated to the Work2BeWell program and its vision. The NSAC is committed to making mental health a top priority in schools and communities across the nation through Access, Education and Activation.

**W2BW Vision: All teens have better mental health support and increased emotional well-being.**

## QUICK FACTS

- Teens from across the nation
- Three teams: Access, Education, and Activation led by students
- Meetings are virtual
- Some in person events or presentations are possible
- Time Commitment: 1-2 hours per week (August 2023 - June 2024)
- No cost to participate



ACCESS  
TEAM CO-LEAD

SOFIA - MARYLAND

## WHY I JOINED?



I joined Work2BeWell because mental health is such a prevalent issue in today's society. I've seen the first-hand effects of mental health being ignored, and I want to help people who need it.

APPLY AT

[www.work2bewell.org](http://www.work2bewell.org)



WORK2BEWELL



Providence