## JOIN US! NATIONAL STUDENT ADVISORY COUNCIL (NSAC)





The Work2BeWell National Student Advisory Council is a group of teens dedicated to the Work2BeWell program and its vision. The NSAC is committed to making mental health a top priority in schools and communities across the nation through Access, Education and Activation.

W2BW Vision: All teens have better mental health support and increased emotional well-being.

## QUICK FACTS

- Teens from across the nation
- Three teams: Access, Education, and Activation led by students
- Meetings are virtual
- Some in person events or presentations are possible
- Time Commitment: 1-2 hours per week (August 2023 - June 2024)
- No cost to participate



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"I joined Work2BeWell to create change and help increase awareness about Mental Health overall. Mental health is an important part of everyone's lives and increasing awareness and education can have a large impact on someone's life."

## ACTIVATION TEAM LEAD SHREEYA – TEXAS









