## NATIONAL STUDENT ADVISORY COUNCIL (NSAC)



## WHAT IS IT



The Work2BeWell National Student Advisory Council is a group of teens dedicated to the Work2BeWell program and its vision. The NSAC is committed to making mental health a top priority in schools and communities across the nation through Access, Education and Activation.

W2BW Vision: All teens have better mental health support and increased emotional well-being.

## **QUICK FACTS**

- Teens from across the nation
- Three teams: Access, Education, and Activation led by students
- Meetings are virtual
- Some in person events or presentations are possible
- Time Commitment: 1-2 hours per week (August 2023 - June 2024)
- No cost to participate



WHY I JOINED?



I joined Work2BeWell to engage in meaningful dialogue and initiatives that challenge misconceptions about mental health, fostering more understanding and supportive communities. I think it's important to advocate for and contribute to the development of inclusive and effective mental health programs, ensuring they cater to diverse needs.

APPLY AT

www.work2bewell.org





