## JOIN US! **NATIONAL STUDENT ADVISORY COUNCIL (NSAC)**





The Work2BeWell National Student Advisory Council is a group of teens dedicated to the Work2BeWell program and its vision. The NSAC is committed to making mental health a top priority in schools and communities across the nation through Access, Education and Activation.

W2BW Vision: All teens have better mental health support and increased emotional well-being.

## WHY I JOINED?



I joined Work2BeWell so I could surround myself with a community of supportive peers and adults. Mental health is still heavily stigmatized, but W2BW connected me to a loyal and passionate group of people. I was looking for a support system and found true friends from all across the nation. I also wanted to improve the resources and awareness of mental health, and I knew that W2BW would help me make my mission and vision a reality.

## **OUICK FACTS**

- Teens from across the nation
- Three teams: Access, Education, and Activation led by students
- Meetings are virtual
- Some in person events or presentations are possible
- Time Commitment: 1-2 hours per week (August 2023 - June 2024)
- No cost to participate

EDUCATION TEAM CO-LEAD RAVALI - CALIFORNIA

## APPLY AT

