## NATIONAL STUDENT ADVISORY COUNCIL (NSAC)



## WHAT IS IT



The Work2BeWell National Student Advisory Council is a group of teens dedicated to the Work2BeWell program and its vision. The NSAC is committed to making mental health a top priority in schools and communities across the nation through Access, Education and Activation.

W2BW Vision: All teens have better mental health support and increased emotional well-being.

## **QUICK FACTS**

- Teens from across the nation
- Three teams: Access, Education, and Activation led by students
- Meetings are virtual
- Some in person events or presentations are possible
- Time Commitment: 1-2 hours per week
   (August 2023 June 2024)
- No cost to participate



ACTIVATION TEAM
JUNIOR LEAD

SHREEYA - TEXAS

ell to create change and

"I joined Work2BeWell to create change and help increase awareness about Mental Health overall. Mental health is an important part of everyone's lives and increasing awareness and education can have a large impact on someone's life."

WHY I JOINED?

99

www.work2bewell.org

