## NATIONAL STUDENT ADVISORY COUNCIL (NSAC)



## WHAT IS IT



The Work2BeWell National Student Advisory Council is a group of teens dedicated to the Work2BeWell program and its vision. The NSAC is committed to making mental health a top priority in schools and communities across the nation through Access, Education and Activation.

W2BW Vision: All teens have better mental health support and increased emotional well-being.

## **QUICK FACTS**

- Teens from across the nation
- Three teams: Access, Education, and Activation led by students
- Meetings are virtual
- Some in person events or presentations are possible
- Time Commitment: 1-2 hours per week (August 2023 - June 2024)
- No cost to participate



ACCESS TEAM
CO-LEAD

ASH - CALIFORNIA

WHY I JOINED?



I joined Work2BeWell because I wanted to help advocate for those who cannot advocate for themselves. Work2BeWell helps to spread the message that it's okay not to be okay, and increasing that awareness and the education that surrounds it can hugely impact people's lives.

APPLY AT

www.work2bewell.org



