

# SELF AFFIRMATIONS

*for everyday*

I am unique & I  
am different in  
my own  
*Beautiful way.*

I am  
**PROUD** of  
myself!

I FORGIVE  
everyone who  
has ever hurt  
me to be free.

I am in  
charge of  
*how I feel*  
today.

I ACCEPT &  
*love myself.*  
**JUST THE  
WAY I AM**

I am excited  
for the person  
*I am becoming.*

I will surround  
myself with  
people who  
*bring out the best*  
in me.

*I forgive myself*  
for any mistake  
I have made.

It's okay  
to ask for  
**HELP.**

I FORGIVE MYSELF  
for all the  
mistakes that I  
have made.

I will **NOT**  
compare myself  
to others best  
online life.

**I WILL NOT  
SWEAT THE  
SMALL STUFF.**

I have the  
power to *create*  
the life that  
I desire.

# Self Affirmations

I am excited for the person I am becoming.

I will not compare myself to others best online life.

I forgive everyone who has ever hurt me to be free.

I will surround myself with people who bring out the best in me.

# Self Affirmations

I am unique, I am different in my own beautiful way.

I accept and love myself, just the way I am.

I forgive myself for all the mistakes that I have made.

I am proud of myself!

# Self Affirmations

I forgive myself for any mistake I have made.

I am in charge of how I feel today.

I have the power to create the life that I desire.

I will not sweat the small stuff.

It's okay to ask for help.